

What Do I Have to Do?

Module-3

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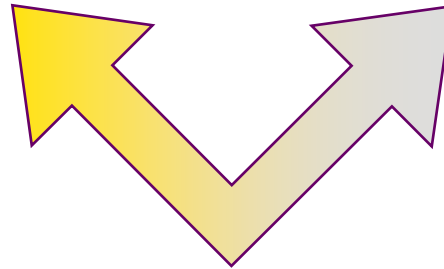
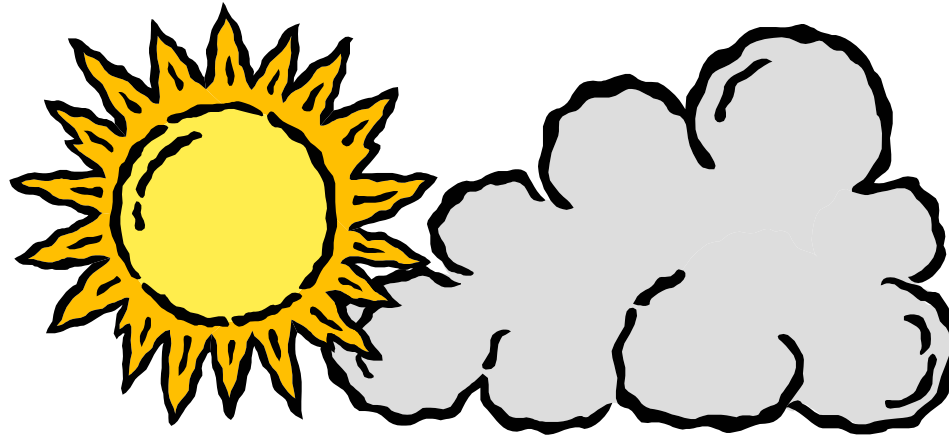
Objectives

At the end of this module, you'll be able to:

Identify opportunities and challenges between your plan and your current situation, through the use of your career plan and Match.

Develop an Individual Career Life Plan (ICLP) to assist you in meeting your professional and personal goals.

Opportunities and Challenges



Your Plan

Opportunities and Challenges

Exercise Steps

Divide into small groups

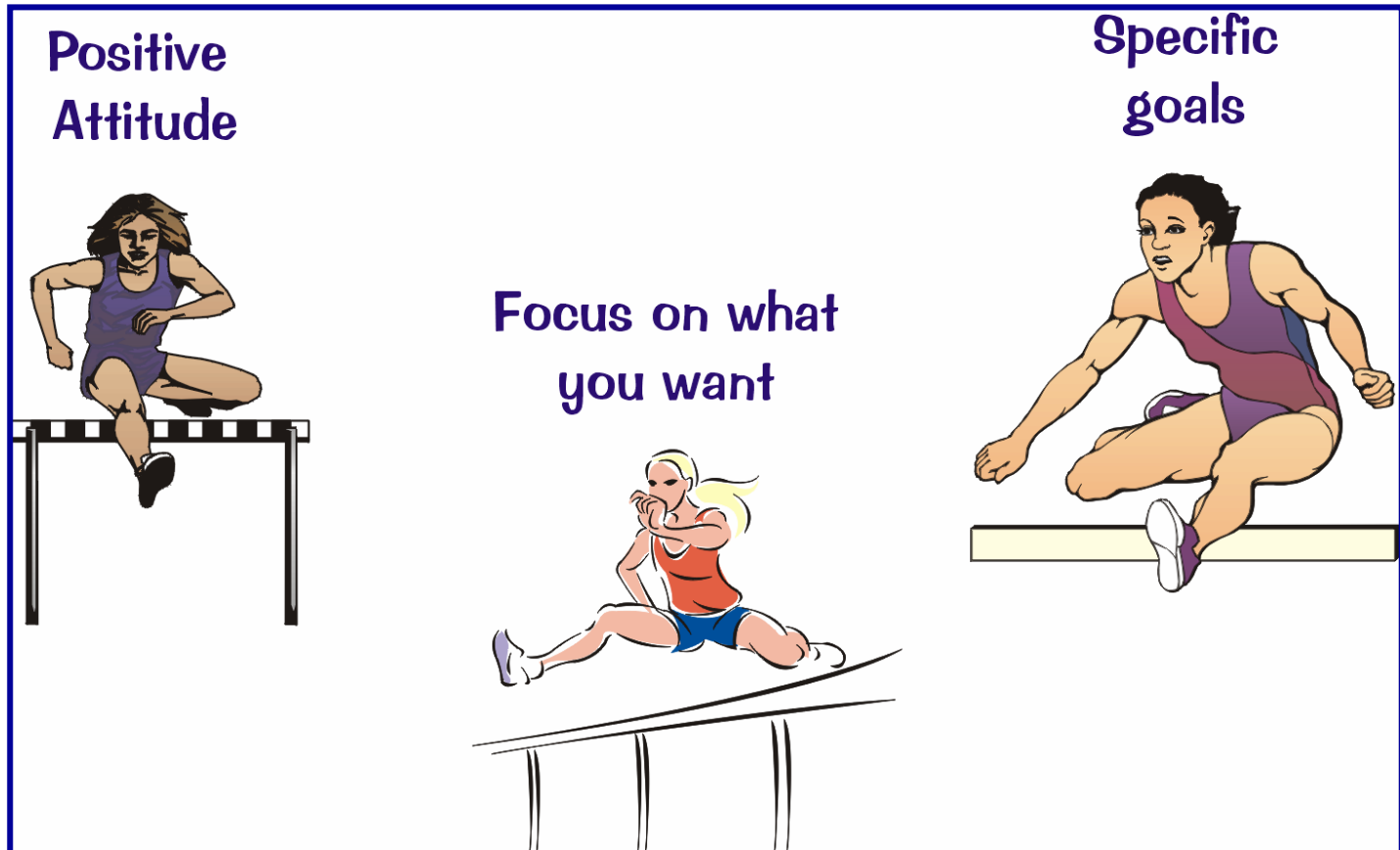
Brainstorm opportunities and list responses on chart paper

Brainstorm challenges and list responses on chart paper

Refer to your Career Plan and/or Match if helpful

15 minutes

Overcoming Challenges



Purpose of an Individual Career Life Plan (ICLP)



Set attainable goals

Assess your strengths

Determine where you can best contribute and grow

Define how you meet professional and personal goals

To be a living document

Benefits of Using an ICLP

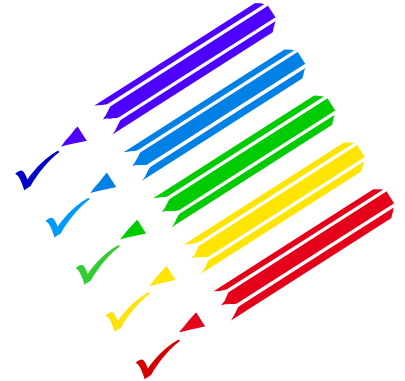
Developing an ICLP will help you:

Take control

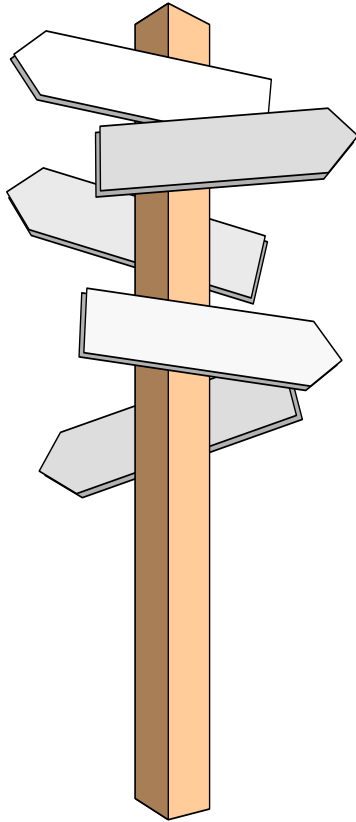
Gain a sense of direction

Focus on a career objective and identify steps and timelines

Identify opportunities



My ICLP



Purpose:
To develop an ICLP
for the next year
and 5 years.



My ICLP

Exercise Steps

Complete your ICLP for both short
and long range goals

Ask if you have questions

30 minutes

Some Options for Achieving an ICLP

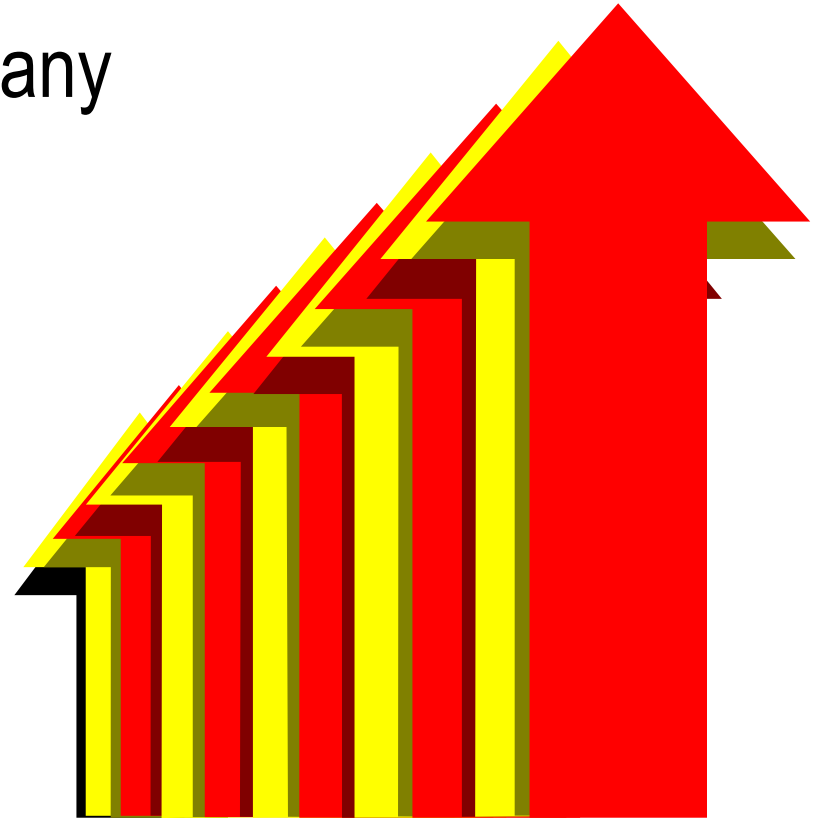
Working for a company

Volunteerism

Entrepreneurship

Temporary jobs

Education



Family Service Center Programs

Information and referral

Individual, marital, family, and group counseling

Mobilization and deployment support /Ombudsman

Relocation Assistance Program (RAP)

Outreach/command representative program

Family Advocacy Program (FAP)

Exceptional Family Member Program (EFM)

Family Service Center Programs

Spouse Employment Assistance Program (SEAP)

Transition Assistance Management Program (TAMP)

Personal Financial Management (PFM)

Volunteer Program

Crisis response support (repatriation)

New parent support

Life skills education

Sexual assault victim intervention

Summary

In this module you:

Identified your opportunities and challenges, based on your personal assessments.

Reviewed the purpose and benefits of the ICLP.

Developed your ICLP to assist you in meeting your professional and personal goals.